

Energy Systems at Portsmouth

A Monthly Newspaper for Portsmouth Gaseous Diffusion Plant Employees of Martin Marietta Energy Systems, Inc.

Volume 5

Piketon, Ohio

September 1990

Number 8

PBS-TV specials begin 18th season

From Shakespearean classics to contemporary drama, music, humor and dance, Great Performances begins its 18th season with a diverse range of artists and projects for the fall PBS season.

Funded in part by the Martin Marietta Corporation, this season's Great Performances line-up welcomes back familiar series veterans such as Luciana Pavoratti, Suzanne Farrell and Jessye Norman, while showcasing the talents of established artists such as Spike Lee, David Mamet and Kevin Kline in an entirely new context.

And as always, the series will showcase brilliant young artists such as actor George C. Wolfe, musician Harry Connick Jr. and dancer Michael Moschen.

The 1990-91 Great Performances schedule begins with:

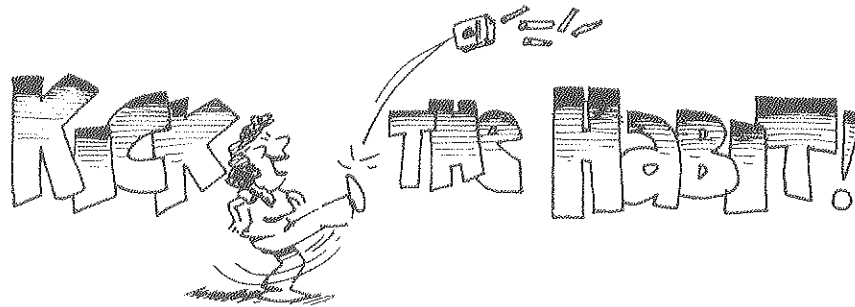
- Oct. 5: Spike & Company: Do It A Capella
- Oct. 12: Miracle in Rome
- Oct. 19: Mefistofele from the San Francisco Opera
- Oct. 26: Dance in America: Balanchine in America
- Nov. 2: Hamlet
- Nov. 9: Dance in America: Bob Fosse: Steam Heat
- Nov. 16: Sir Norbert Smith: A Life
- Nov. 23: Harry Connick Jr. in Concert
- Nov. 30: The World of Jewish Humor
- Dec. 7: Kathleen Battle and Jessye Norman Sing Spirituals
- Dec. 14: Peter Sellars Directs Mozart
- Dec. 21: Beatrix Potter's The Tailor of Glouster
- Dec. 28: Show Boat

Viewers should verify the time and station of broadcast in their particular areas.

Battle is the sister of Portsmouth plant employees Steve Battle and Lela Perry. In the Dec. 7 Great Performances program, the two great divas (Battle and Norman) appear together at Carnegie Hall to perform an inspiring program of traditional spiritual music. Backed by a 70-voice chorus, they perform such classics as "Swing Low, Sweet Chariot," "Great Day" and "He's Got the Whole World in His Hands."

Contract extended

Officials of Martin Marietta Energy Systems and the U. S. Department of Energy, Oak Ridge Operations, have agreed to a six-month contract extension. The extended contract will expire March 31, 1991.



The Hidden Hazards of Cigarette Smoking

(Reprinted with permission from Executive Health Report, Vol. 26, No. 10, published by Executive Health, P. O. Box 8880, Chapel Hill, North Carolina 27515. U.S.A. subscription rate \$34/year.)

By Charles Hennekens, M.D., Ph.D., Professor of Preventive Medicine, and Julie Buring, D.Sc., Assistant Professor of Preventive Medicine, Harvard Medical School

When it comes to the hazards of cigarette smoking, you may think you've heard it all. But did you know that the person who smokes one pack of cigarettes a day for forty years is at greater risk of lung cancer than the person who smokes four packs a day for ten years? Were you aware that more smokers die from cardiovascular disease annually than from cancer? Or that quitting smoking has immediate benefits for your heart?

Greater awareness about the hazards of smoking has led to an encouraging decline in smoking rates, from roughly 40 percent of American adults in 1964 to approximately 29 percent today. Despite this favorable trend, however, cigarette smoking remains the single leading avoidable cause of premature death in the United States.

Smoking is responsible for 390,000 deaths each year, approximately 20 percent of the roughly two million annual deaths in the U.S. By contrast, the second leading avoidable cause of premature mortality is alcohol, which is responsible for perhaps three percent of all deaths.

The economic costs of smoking are also staggering. Smoking-related illness and disability account for more than half a million person-years of missed work annually. All told, the direct health care costs and indirect productivity costs of smoking have been estimated to be between \$38 and \$95 billion each year.

Smoking and Lung Cancer

The increased risk of lung cancer is the most widely recognized hazard of smoking.

There has been a steep rise in lung cancer mortality in both men and women in the U.S. during the 20th century. During this period, death rates for other cancers have generally stayed the same or decreased. In fact, if lung cancer deaths are excluded, total cancer mortality actually fell 13 percent from 1950 to 1982. Inclusion of lung cancer results in an overall eight percent increase in cancer deaths during this period. The only cancers to have increased during that time are smoking related.

Typically when lung cancer occurs, the disease doesn't develop until 20 or more years from the time one begins smoking cigarettes. This long latency explains why changes in lung cancer rates occur slowly in population studies of smokers and may take a generation to become visible. For American men, who began smoking in large numbers following World War I, lung cancer rates began rising in the 1940s. For women, who largely took up the habit following World War II, the rates only began to show significant increases in the late 1960s and have continued to climb through the 1980s.

(Continued on Page 2)

HOTLINE

Energy Systems employees can report fraud, waste, or abuse; unethical activities; or concerns about security, quality, environmental, safety or health hazards, by calling the Portsmouth plant's Internal Audit Hotline 24 hours a day on extension 2401.

Questions regarding ethical behavior can also be addressed to Bob Merriman in the Energy Systems Ethics Office (ORGBP, Bldg. K-1001, MS-7133, phone FTS 8-626-5800, or to George Sammet, Jr., director of the Martin Marietta Corporate Ethics Office (P. O. Box 16234, Orlando, Florida 32861, phone 1-800-3ETHICS).

Scholarship forms now ready for use

It's time again for high school seniors to apply for Martin Marietta Corporation scholarships.

Forms are available at the Portsmouth plant in the Public Relations Department, X-100 Building, South Wing, M/S 1118-A.

High school seniors who are children of Martin Marietta employees on active status are eligible for the scholarships, which are renewable annually for students who maintain appropriate grade point averages.

Scholarship grants are remitted directly to the college of the appointee's choice. Grants are renewable annually for three years if the scholar maintains a satisfactory level of accomplishment. Scholarship candidates should make applications to the regionally accredited colleges or universities of their choice as early as possible; academic records must qualify the applicants for unconditional admission.

The application form is in two parts. The first is the Scholarship Application, completed and forwarded by the applicant directly to the Scholarship Selection Committee of the Martin Marietta Corporation Foundation in Bethesda, Maryland.

Simultaneously, the applicant will submit a "Request for Secondary School Information" form to his or her school principal, headmaster or guidance counselor to initiate action toward providing the Selection Committee with required academic records, test scores, and reports.

All applicants are expected to complete the American College Test (ACT) battery or the College Entrance Examination Board Scholastic Aptitude Test (SAT) no later than December of their senior year.

When registering to take these tests, applicants must indicate the program code 2801 on the ACT registration form and the code number 0091 on the SAT registration form to ensure that test results are forwarded to the Selection Committee at Bethesda.

Applications and all supporting documentation must be in the hands of the Scholarship Committee by Feb. 1, 1991.

Recipients are selected by a panel of educators from outside the corporation. The scholarships, payable at \$3,000 per year, may be used at an accredited college of the recipient's choice.

The Hidden Hazards of Cigarette Smoking

(Continued from Page 1)

Lung cancer has been the leading cause of cancer death in men for decades. Breast cancer held this distinction for women until 1986 when lung cancer deaths among women surpassed those caused by breast cancer. Lung cancer is now the leading cause of cancer death in women as well as men.

Smokers have a 10 to 20 times greater chance of developing lung cancer than nonsmokers. Research demonstrates that duration of smoking is the greatest risk factor for lung cancer, more so than amount smoked or degree of inhalation. But don't ignore the amount smoked, either. Studies have shown that heavy smokers have a much higher risk of lung cancer than moderate and light smokers and the degree to which smokers inhale also influences lung cancer risk.

The cancer-causing effects of cigarettes are not limited to the lung, however. Smoking also causes substantially increased risks of cancer of the larynx, mouth, and esophagus and accounts for the majority of these cancers in the U.S. Cigarette smoking is also associated with increased risks of cancer of the kidney, bladder, pancreas, and stomach, as well as the cervix in women.

In combination with smoking, several other substances markedly increase cancer risk. For example, asbestos, which is itself linked to lung cancer and respiratory diseases, interacts with cigarette smoke to greatly increase the risk of lung cancer. A far more common exposure is regular alcohol intake, which, in combination with smoking, increases the risk of certain cancers. The risk of oral cancer is increased by more than 15-fold for individuals who are both heavy smokers and daily drinkers of at least 1.5 ounces of alcohol. The concurrent use of alcohol and cigarettes also significantly increases the risks of cancers of the throat, mouth, and esophagus.

Smoking and Heart Disease

What is the relationship between smoking and heart disease? Investigations consistently show increased risks of death from coronary heart disease, which includes heart attacks and angina, among those who are currently smoking cigarettes.

Approximately 20 percent of all coronary deaths (and 40 percent of coronary deaths before age 65) are due to smoking.

The chief risk factor for coronary disease appears to be the amount you now smoke, rather than how many years you've smoked, as is the case for lung cancer. Many components of cigarette smoke have an immediate and adverse effect on the heart. For example, cigarette smoke diminishes the oxygen carrying capacity of the blood, can raise blood pressure, and introduces toxins into the blood stream. Although the mechanism is not clear, all these factors have an acute effect on the

heart muscle. By quitting smoking these effects of cigarette smoke are eliminated. This is important because it confirms that cessation of smoking, no matter how long you've smoked, has an immediate and positive benefit on the heart.

Smoking and Strokes

The other major type of cardiovascular disease is stroke. Of the two principal types of stroke, the far more common form, thrombotic stroke, involves the blockage of blood flow in a vessel in the brain. The less common but usually more severe form of stroke, hemorrhagic stroke, involves bleeding from a blood vessel into the brain.

Cigarettes appear to increase risks of both thrombotic and hemorrhagic stroke, but much more substantially in those under 65 than in older individuals. For those under 65, cigarette smoking is associated with a two- to five-fold increase in stroke, while smokers 65 and older experience an increased risk of two-fold. For people under 65, approximately half of all strokes are associated with smoking, while among those 65 or older this figure is approximately 25 percent for men and six percent for women.

Overall, there are three primary risk factors for cardiovascular disease: smoking, high blood pressure, and elevated blood cholesterol levels. While any one of these factors increases the risk of cardiovascular disease, the combined effects of two or all three put you at a substantially increased risk.

The Benefits of Quitting

Many people think that once they have started smoking it is futile to stop. Yet studies have reported almost immediate decreases in heart disease deaths following smoking cessation and show that 15 years after quitting, former smokers' risks of dying from heart disease are practically the same as those of lifelong nonsmokers.

For stroke, the benefits of smoking cessation may be even more rapid than for coronary heart disease. One large study of women showed a substantial decrease in risk of stroke among women who had stopped smoking for two years.

The Framingham Heart Study, which has been following residents of this Massachusetts town for several generations, has found that just five years after quitting, former smokers had a risk of stroke virtually identical to that of lifelong nonsmokers.

Quitting smoking does not completely undo damage to the lungs, however. Lung cancer develops when cigarette smoke acts on the basic structure of the DNA of the cell, turning a normal cell into a malignant cancerous cell over a long period of time. To avoid lung cancer, the best advice is not to start smoking in the first place.

Studies do show, however, that lung cancer rates begin to decline about two years after stopping smoking. This contrasts with the immediate benefits for the heart. There is, nonetheless, a steady decrease in the risk of lung cancer the longer one has refrained from smoking.

In one study, those who had quit smoking 10 years earlier had a lung cancer risk four times greater than those who had never smoked. Twenty or more years after stopping smoking, the risk was reduced to two times that of lifelong nonsmokers. Normally, continuing smokers have a 10- to 20-fold increased risk of lung cancer. For other smoking-related cancers, the data indicate the risk of these cancers also decrease over time following cessation of smoking. Recent public attention has focused on the effect of so-called "safer," low tar and nicotine cigarettes. Several studies have suggested that the risk of lung cancer is somewhat reduced in smokers of low tar and nicotine cigarettes. However,

such smokers still face lung cancer risks several times greater than that of nonsmokers. Furthermore, there is no apparent decrease in cardiovascular risks associated with low tar and nicotine cigarettes. Clearly, there is no such thing as a safe cigarette.

Persistence and Motivation

While many smokers would like to give up their habit, this can be extraordinarily difficult to do. The Surgeon General's 1988 report on smoking and health confirms one of the main reasons why: cigarette smoking is a powerful, physically addictive habit, and that nicotine is the substance in cigarettes that causes addiction.

The clearest public health message is to never begin the habit. For those who do smoke, however the encouraging news is that there is plenty of reason to work at giving up this habit. Research on smoking cessation indicates that persistence may be the key to success. Sometimes smokers think that if they try one approach and it fails, there is no point in trying another. In fact, each time you try to quit, no matter what the approach, you increase your chances of quitting. Thus, the long-term success of quitting smoking is increases with each successive attempt.

The first organized efforts to encourage smoking cessation, led by the Seventh Day Adventist Church during the 1950s, used techniques that are still the mainstay of many programs: a buddy system in which smokers are paired up to give one another support, making a public pledge to quit, increasing physical activity, and changes in diet. Some programs use individual counseling, while others use hypnosis and acupuncture. The use of nicotine gum (available by prescription) to wean smokers of their dependency has also become a popular aid in cessation efforts. All of these methods have had some success, and any technique or combination of strategies that seem well suited to your individual needs should be pursued.

Keep in mind that research also suggests that motivation to quit is probably the single greatest predictor of success. Your determination to quit, no matter which approach you try, appears to be the crucial factor. Consider that approximately 90 percent of former smokers report having given up the habit on their own without involvement in any formal cessation program. In addition, while some smokers succeed in quitting by gradually decreasing the amount they smoke, quitting "cold turkey" generally appears to be the most effective strategy.

To Sum Up

The combination of very serious health risks from continued smoking and the significant benefits of quitting — even for those who have smoked for many years — should provide a powerful incentive for smokers to give up their habit. The benefits to their health are well worth the effort.

Benefits of Smoking Cessation on Major Causes of Smoking-Related Death

- | | |
|-------------------------------|--|
| Lung Cancer | <ul style="list-style-type: none"> • Five to 10 years after quitting, risk is half that of smokers. • 20 or more years after cessation, risk is 80-90 percent lower than that of smokers, yet is still roughly double the risk of lifelong nonsmokers. |
| Coronary Heart Disease | <ul style="list-style-type: none"> • Quitting leads to significant decrease in risk within six months to two years. • Five to nine years after quitting, risk is approximately half that of smokers. • 10 to 15 years following cessation, risks are very similar to lifelong nonsmokers. |
| Stroke | <ul style="list-style-type: none"> • Quitting leads to rapid decrease in risk. • Two years after cessation, risk may be half that of smokers. • Within five years after cessation, risk is similar to that of lifelong nonsmokers. |

Energy Systems Values

Editor's Note: The following is the ninth in a series of articles defining the content and intent of the Energy Systems Missions and Values Statement, composed in 1988. Energy Systems President Clyde Hopkins solicits input from employees who wish to add their comments to his own. Comments may be addressed to Charlie Emery, Deputy Director of Personnel and Organizational Development, at M/S 8015, Building 9704-2, at the Y-12 Plant. Some commentary may be excerpted for publication in Energy Systems at Portsmouth.

WORKING TOGETHER

- Encourage clear two-way communication at all levels.

We have reached a point in our efforts to promote our values where we are beginning to see some results. Although we all know that the process will be slow, that not everyone will trust the changes or the intent behind them, we believe that the path we have chosen and the standards by which we operate are correct for all of us.

Yet we are just beginning to understand the depth and breadth and height of this effort to operate more openly and with greater interest in people. Our values are oriented toward the health, morale and career development of the people who work here, with the idea that if we offer challenges worthy of the fine minds and skills of our people and if we encourage cooperative effort and creative enterprise, our company's working potential becomes almost limitless.

The result is that in areas of concern to us — employee safety, environmental compliance, customer satisfaction, expanded opportunity — we become equal to our challenges.

We believe that communicating clearly about what we are doing and how we are changing will speed the process. The simple effort to inform our people already has been beneficial in terms of establishing good will.

Quarterly values meetings, conducted at all sites by turns, are helping us to discover the areas where we fall short of our goals, and those meetings provide a forum for enumerating the ways in which we are moving ahead.

We are progressing in the development of our people skills through the use of a number of training programs in cultural diversity, human interaction, personality analysis, team building and empowering and enabling courses, to name a few.

We have taken last year's communications survey to heart and are using our values as bases for the work we do with issues raised in that survey.

Some examples are the revised Job Opportunity System, expansion of the most recent President's Forum to include more employees, and the addition of a performance measure for managers, requiring them to include personnel in their organizations in decision making.

We have committed to providing explanations "in-English" of new or revised policies and procedures and to distributing information about salary grades and the numbers of employees in them.

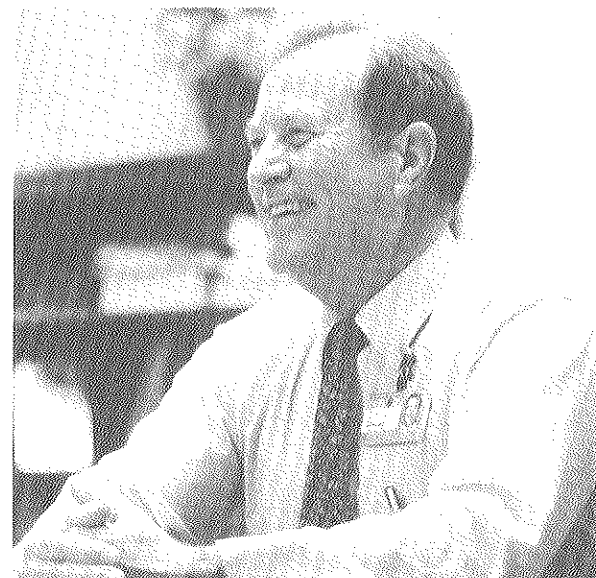
We are developing a program to assess managers' strengths and weaknesses as a means to help them improve their performance.

Vice presidents and division directors have agreed to hold feedback sessions regularly so the people in their organizations can get answers to questions and can offer ideas for improving operations.

We believe that we have been communicating pretty well about our values by holding open meetings in which we strive for candor as we describe the issues and concerns that affect us all. Your cooperation in our efforts to move up the long and winding road toward full compliance with the standards of our industry is, we believe, a direct result of fuller communication about what we need to do and why we need to do it.

But giving out information is only half of our communications goal.

If you ever took a course in communication, or if you have read any of the vast collection of materials about building a more cooperative working atmosphere, you may remember that the primary element in effective communication is not the way one talks or even the message. It is listening. The old maxim that one learns nothing while talking is especially applicable to our situation in promoting our values, for the most productive communication occurs when the speaker has more interest in the other person than in himself or herself.



Clyde Hopkins

We have talked, presented, written, held forums, made posters, published flyers and newspapers, taken photographs and generally have put much effort into giving forth ideas.

Now it is time for the other portion of the communications effort to be developed. You have responded to the communications survey — because you were asked to do so. Now it is time for us to listen to what you have to say in a less structured form.

What do you think of our values program? Is it working? Do you think we mean what we say? Is your working life even a little bit better than it was, say, five years ago? Is anything happening out there that is good? Do you feel that your company and its management care about you? Do you want us to continue this effort? Are you willing to work toward these goals, too? Are these values in line with your own?

The editor's note at the beginning of this column lists an address for responding to these ideas. So far we have received little feedback. How about trying to think of a brief comment (even one sentence would be helpful) to help us know what you are thinking? You can send your comments directly to Charlie Emery, or to the editors of *Energy Systems News* and *Energy Systems at Portsmouth*. We look forward to hearing from you.

Teamwork: Key Element of Values Achievement

On a basketball court, the need for teamwork is obvious. One player, no matter, how talented, cannot beat five. But good teamwork — using the skills and ideas of a group to solve problems or reach an objective, is not limited to athletics.

In an airliner emergency, flight crew teamwork is literally a matter of life or death.

Cleared for takeoff, Flight 90 roars down a snowy runway. The copilot reports unusual instrument readings. The captain doesn't respond. Again the copilot warns that the instrument readings "aren't right."

Flight 90 is in trouble. The plane lifts off sluggishly without enough power to climb out. Flight 90 stalls, causing a tragic crash into an icy river, which claims 78 lives.

Shortly after Flight 811 leaves Honolulu,

a cargo door and part of the fuselage of the giant 747 rips open. Decompression sucks nine passengers out a gaping hole. The crew struggles to control the bucking plane and keep it from disintegrating further and plunging into the Pacific. The flight engineer suggests dumping fuel to lighten the load on the wings — the Captain quickly agrees. At a critical point, the copilot disagrees with the captain about flap extension. The captain listens, reconsiders and follows his subordinate's recommendation. Using less flaps means landing at a higher than normal speed, but doing so retains greater flight control. Together they pilot the jumbo jet with 344 passengers to an extremely difficult but successful landing back in Honolulu.

The crews of Flight 811 and Flight 90 had similar technical skills and emergency

training. But the crew of Flight 811 also had CRM (Cockpit Resource Management) training — a program now used by most major airlines. It teaches effective teamwork through listening skills, joint problem solving, group communication and other

interpersonal skills.

Teamwork on Flight 811 indeed saved lives. Its crew managed the crisis with good communication, coordination of efforts, and shared decision making. Teamwork works!

Progressions and Promotions

Joyce A. Shuter, from Sr. Clerical Asst. (D-631) to Sr. Secretary (D-620).

Tona D. (Dian) Spriggs, from Sr. Reports & Data Assistant to Reports & Data Specialist (D-634).

Anthony L. Wooten, from Engineer III to Engineer IV (D-521).

Harold E. Kneeland, from Executive Assistant to Production Staff Consultant (D-001).

Karen L. Hollback, from Administra-

tive Aide to Administrative Assistant I (D-106).

La'Ura S. Payton, from Administrative Associate II to Accountant I (D-932).

Madeline C. Caudill, from Senior Inspector (D-551) to QA Analyst (D-552).

Roger D. Landrum, from Distribution & Inspection Operator (D-832) to Senior Inspector (D-551).

Beth A. Kenner, from Security Inspector (D-911) to Security Analyst I (D-910).



Cunningham

Cunningham now department head

Sara L. (Sally) Cunningham has been promoted to Department Head, Technical Training. She reports to James L. Yocum, Manager, Plant Training.

Cunningham came to work at the Portsmouth Gaseous Diffusion Plant in September 1979 as Industrial Relations, Staff, in Administrative Services. She became Industrial Relations Staff, Sr., in October 1981, and Administrative Specialist, Staff, in the Gas Centrifuge Enrichment Plant (GCEP) Maintenance Division in July 1982.

Cunningham left the plant in June 1985 due to the GCEP termination. She was an Employment Assistant with American Electric Power Service Corporation, Columbus, at the time of her return to the Portsmouth plant in August 1988 as Sr. Human Resources Representative, Plant Training.

Cunningham received a bachelor's degree in sociology from Ohio University in 1976 and is now working at The Ohio State University toward a master's degree in training and development.

She is a resident of Chillicothe.

Conley promoted in Training group

W. T. (Tim) Conley has been promoted to Department Head, Technical Training. He reports to James L. Yocum, Manager, Plant Training.

Conley came to work at the Portsmouth Gaseous Diffusion Plant in August 1974 as a Maintenance Mechanic 1/C.

Conley was transferred to the Central Training Department as a Training Instructor in January 1983, and in March 1988 he became a Sr. Human Resources Representative.

He received a two-year program certificate from the Refrigeration Services Engineers Society Technical Center in 1968 and has attended Shawnee State University.

He and his wife, Cri, have one son and live near Portsmouth. He is active in the West Portsmouth Little League and West Portsmouth Athletic Association.



Conley

For 1989-90 basketball season

Champions 'Barely Makin' It'

By John Gedeon and Shirley Walter

One would think that with a name like "Barely Makin' It" a basketball team would have problems getting enough players to compete in a game.

However, contrary to its misleading name, for the seventh year in a row this scrappy team once again captured the Martin Marietta basketball championship.

League play for the 1989-90 season was completed at the Good Shepherd Manor Gym at Wakefield. Director for this Monday night event was Employee Activities Committee (EAC) member Jim Whitt.

Upon completion of league play, a double elimination tournament consisted of eight teams. "Double elimination gives everyone a second chance," commented Whitt.

"If you have a bad game, you still have a chance to come back," he said. That sec-

Basketball season planning under way

The 1990-91 Energy Systems Basketball League at Portsmouth will begin play at Good Shepherd Manor at Wakefield early in November.

Participation is limited to employees or spouses. Rosters should be submitted to John Gedeon, Employee Activities Coordinator, M/S 1131, by Oct. 23.

Individuals will be placed on open team rosters if possible. For more information, contact Gedeon at extension 2457.

Obituaries

Moses B. Shope, 40, Lucasville, Sept. 9. Shope came to work as Security Inspector (D-911) in April 1988. He is survived by his wife, Karla.

Ora F. Tussey, 74, Waverly, Sept. 10. Tussey was Fire Chief (D-123) at the time of his retirement in January 1982. Tussey was a Waverly City Councilman from 1976 to 1979.

Howard Veris, Sept. 10. Father of Judy Turner (D-512).

ond chance was exactly what "Makin' It" needed, as the second place team "Colliers" battled back through the losers bracket and defeated "Barely Makin' It" when the two teams came face-to-face in their first game against each other.

Unfortunately for the team headed up by captain Brett Collier, "Makin' It" held tough in the second meeting of these two teams and emerged the victor. Both games between the two teams displayed an abundance of skill, strength and determination. All who participated had reason to be proud.

Members of the winning "Barely Makin' It" included Dave Davis (Captain), Damon Detillion, Chuck Banks, Larry Cutlip, Ed Purpero, Rich Henderson, Evan Brown, Doug Davis and Mike Rinehart.

Members of the second place "Colliers" team were Brett Collier (Captain), Greg Collier, Ray Riepenhoff, Dave Carver, Robert Dale Hairston, Bob Bratchett, Kevin Clausing, Keith Williamson, Jim Widdig and Pat Spriggs.

John Gedeon and Sharon Bailey assisted Whitt throughout league and tournament play.

New Employees

September 4

Cheryl L. Lovette, Sr. Clerical Assistant (D-105).

Anita K. Messer, IH Technician II (D-106).

Pamela A. Ambrose, Engineer II (D-623).

Matthew Jermusyk, Engineer II (D-803).

James D. Lovette, Department Head, Maintenance II (D-710).

September 17

Timothy J. Gilbert, Stationary Engineer, Steam Plant (D-832).

Steven D. Calbaugh, Security Inspector (D-911).

Matthew L. Spronz, Engineer II (D-621).

SERVICE MILESTONES

OCTOBER 1990

35 years — John E. Richards Jr.

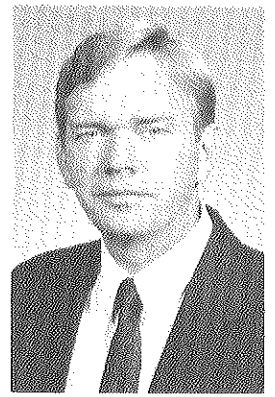
25 years — James L. Yocum and Francis M. Kovac

20 years — Keith Lewis III, Loren M. Thomas, Robert Fyffe, James L. Ramey, Timothy A. Hart, Ernest N. Williams Jr. and Arthur L. Mullins

15 years — Reo S. Shope, Eddie L. Henry, Phillip B. Lucas, Donnie E. Martin, Clyde R. Ash, Steven H. Cottle, Eileen S. Slaughter, Francis J. Napierkowski, David E. Kemper, Roger L. Johnson, Eric Johnson, Gary C. Bowden, Danny G. Bateman, Lionel G. Frazier Jr., Samuel S. Bowman, Clifford Mowery, Lloyd A. Wood, William W. Turner, William L. Lute, Leslie M. Powell, William D. Pieper, John C. Brown, Stephen R. Brigner, John W. McClellan and Paul R. Lytten

10 years — Thomas P. Bragg, Sharon L. Ragland, Richard L. Coriell, Catherine Conkel, Paul D. Hansford, Charles W. Skaggs, Alan K. Bracknell and Burch E. Upham

5 years — Constance M. Woodfork



Porter

Porter becomes department head

Joseph D. Porter has been promoted to Department Head, Human Resources Training. He reports to James L. Yocum, Manager, Plant Training.

Porter began work in the Portsmouth Gas Centrifuge Enrichment Plant (GCEP) in August 1983 as a Training Instructor and subsequently served as the Production Division's Feed & Withdrawal Building Training Coordinator.

Porter had been a mathematics teacher in the Beaver Eastern and Lucasville Valley school systems before being employed at the plant, and returned to the field of education to teach mathematics in Chillicothe's Huntington Local School System in July 1985.

He returned to the plant as a Sr. Human Resources Representative in June 1989.

Porter received a bachelor's degree in mathematics from Ohio University in 1972 and a master's degree in education from the College of Mt. St. Joseph in 1986.

He and his wife, Barbara, have two sons and live at Lake White, near Waverly.

Retirees

James C. Hertler, Chillicothe, Engineering Specialist (D-622), after more than 21 years of service.

Wayne T. Webb, Waverly, Power Operator 1/C (D-831), after 36 years of service.

Report on Benefit Plans for 1989

(The 1989 benefit plans report has been prepared in accordance with instructions from the U.S. Department of Labor and is required by the Employee Retirement Income Security Act of 1974.)

The reports in this special section summarize the annual reports of various Martin Marietta Energy Systems, Inc. Benefit Plans for 1989 and are written in a "language" specified under regulations prepared by the U.S. Department of Labor.

The complete annual reports for the

- insurance plans,
- savings plans, and
- retirement program plan

have been filed with the Internal Revenue Service, as required under the Employee Retirement Income Security Act (ERISA) of 1974.

The employer identification number for the insurance plans, retirement program plan and savings program is 52-1318516.

SUMMARY ANNUAL REPORT: 1989 INSURANCE PLANS

This is a summary of the annual reports for the insurance plans listed below. The plans have contracts with the insurance carriers shown to pay all claims incurred under the terms of the plans. The group life plan is a so-called "experience-rated" contract, so the premium costs are affected by, among other things, the number and size of claims.

Plan name	Insurance carrier	Total premiums paid in 1989	Total benefits paid in 1989
Group life insurance	The Metropolitan Life Insurance Company	\$6,833,470	\$6,980,809
Business travel accident insurance	Life Insurance Company of North America	\$ 34,856	0
Special accident insurance	Life Insurance Company of North America	\$ 860,104	\$ 999,000

EMPLOYEE MEDICAL PLAN

The employee medical plan operates under a contract between Martin Marietta Energy Systems, Inc. and Connecticut General Life Insurance Company, which provides that Energy Systems will supply funds for the payment of all claims due under the terms of the plan, up to a specified maximum determined each plan year. For the plan year 1989, the maximum was \$72,993,468. In addition, the plan has an insurance contract with Connecticut General that guarantees the payment by Connecticut General of all claims incurred under the plan that may exceed the maximum and also provides for all claims administration.

The total insurance premiums paid for the plan year ended December 31, 1989 were \$3,645,221. In addition, Energy Systems supplied funds of \$63,387,539 to Connecticut General for payment of claims resulting in total plan costs of \$67,032,760.

DENTAL EXPENSE ASSISTANCE PLAN

The dental expense assistance plan operates under a contract between Martin Marietta Energy Systems, Inc. and the Metropolitan Life Insurance Company, which provides that Energy Systems will supply funds for the payment of all claims due under the terms of the plan, up to a specified maximum determined each plan year. For the plan year ended December 31, 1989, the maximum was \$6,883,129. In addition, the plan has an insurance contract with Metropolitan that guarantees the payment by Metropolitan of all claims incurred under the plan that may exceed the maximum and also provides for all claims administration.

The total insurance premiums paid for the plan year ended December 31, 1989, were \$369,916. In addition, Energy Systems supplied funds of \$5,645,694 to Metropolitan for payment of claims resulting in total plan costs of \$6,015,610.

Your right to additional information

Participants in an insurance plan have the right to receive a copy of the full annual report, or any part of it, on request. Included in that report is insurance information.

THE SAVINGS PROGRAM FOR EMPLOYEES OF MARTIN MARIETTA ENERGY SYSTEMS, INC.

This is a summary of the annual reports of the savings plans for 1989 including basic financial statements.

Savings plan for salaried and hourly employees

Benefits under the savings plan for salaried and hourly employees are provided by trust and annuity contracts. Plan expenses were \$33,786,557 in benefits paid to participants and beneficiaries and \$783 in other expenses. A total of 13,713 persons were participants in or beneficiaries of the plan at the end of the plan year, although not all of these persons had yet earned the right to receive benefits.

The value of plan assets, after subtracting liabilities of the plan, was \$218,395,220 as of December 31, 1989 compared to \$203,439,048 as of January 1, 1989. During the plan year, the plan experienced an increase in net assets of \$14,956,172. This increase includes unrealized appreciation or depreciation in the value of the plan assets; that is, the difference between the value of the plan assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. The plan had total income of \$48,681,042 including employer contributions of \$4,325,007, employee contributions of \$23,961,669, gains of \$266,910 from the sale of assets and earnings from investments of \$20,127,456.

401(k) savings plan for salaried employees

Benefits under the 401(k) savings plan for salaried employees are provided by trust and annuity contracts. Plan expenses were \$3,165,665 in benefits paid to participants and beneficiaries and \$2,287 in other expenses. A total of 6,951 persons were participants in or beneficiaries of the plan at the end of the plan year, although not all of these persons had yet earned the right to receive benefits.

The value of plan assets, after subtracting liabilities of the plan, was \$131,655,440 as of December 31, 1989, compared to \$83,725,706 as of January 1, 1989. During the plan year, the plan experienced an increase in net assets of \$47,929,734. This increase includes appreciation or depreciation in the value of the plan assets; that is, the difference between the value of the plan assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. The plan had total income of \$38,213,934 including employer contributions of \$4,795,787, employee contributions of \$22,326,037, gains of \$145,122 from the sale of assets, and earnings from investments of \$10,946,988.

401(k) savings plan for hourly employees

Benefits under the 401(k) savings plan for hourly employees are provided by trust and annuity contracts. Plan expenses were \$540,797 in benefits paid to participants and beneficiaries. A total of 2,106 persons were participants in or beneficiaries of the plan at the end of the plan year, although not all of these persons had yet earned the right to receive benefits.

The value of plan assets, after subtracting liabilities of the plan, was \$20,465,842 as of December 31, 1989, compared to \$13,321,142 as of January 1, 1989. During the plan year, the plan experienced an increase in net assets of \$7,144,700. This increase includes unrealized appreciation or depreciation in the value of the plan assets; that is, the difference between the value of the plan assets at the end of the year and the value of the assets at the beginning of the year or the cost of assets acquired during the year. The plan had total income of \$7,481,163 including employer contributions of \$948,229, employee contributions of \$4,940,976, gains of \$16,257 from the sale of assets, and earnings from investments of \$1,575,701.

Your right to additional information

Participants have the right to receive a copy of the full annual report, or any part of it, on request. The items listed below are included in that report:

1. an accountant's report;
2. assets held for investment;
3. insurance information; and
4. transactions in excess of five percent of plan assets.

RETIREMENT PLAN FOR EMPLOYEES OF MARTIN MARIETTA ENERGY SYSTEMS, INC.

This is a summary of the annual report for the retirement program plan for 1989.

Basic financial statement

Benefits under the plan are provided by group annuity contracts. Plan expenses were \$44,670,232. These expenses include \$43,071,621 in benefits paid to participants and beneficiaries and to purchase benefits, and \$1,598,611 in administrative expenses. A total of 21,638 persons were participants in or beneficiaries of the plan at the end of the plan year, although not all of these persons had yet earned the right to receive benefits.

The value of plan assets, after subtracting liabilities of the plan, was \$1,498,882,269 as of December 31, 1989, compared to \$1,265,818,534 as of January 1, 1989. During the plan year, the plan experienced an increase in its net assets of \$233,063,735. The plan had total income of \$140,255,146 including employee contributions of \$45,604, and earnings from investments of \$140,209,542.

The plan has contracts with the Metropolitan Life Insurance Company and the Prudential Insurance Company of America, which allocate funds toward group annuities. The total premiums paid for group deferred annuities for the plan year were \$70,918.

Minimum funding standards

An actuary's statement shows that enough money was contributed to the plan to keep it funded in accordance with the minimum funding standards of ERISA.

Your right to additional information

Participants have the right to receive a copy of the full annual report, or any part of it, on request. The items listed below are included in that report:

1. an accountant's report;
2. assets held for investment;
3. insurance information;
4. actuarial information regarding the funding of the plan; and
5. transactions in excess of five percent of plan assets.

FOR MORE DETAILED INFORMATION

To obtain a copy of the full annual reports, or any part of them, for the insurance plans, retirement program plan, or savings program, write to the **Plans Administrator: Assistant Treasurer, Martin Marietta Energy Systems, Inc., P.O. Box 2003, Oak Ridge, TN 37831-7037**. Copying costs are 25 cents per individual page; \$4 for the complete insurance plans; \$5 for each savings plan annual report; and \$10 for the entire retirement program plan annual report.

With regard specifically to the retirement program plan and savings plans, participants have the right to receive from the plan administrator on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes; a statement of income and expenses of the plan and accompanying notes; or both. For participants requesting a copy of the full annual report, these two statements and accompanying notes will be included as part of that report. The copying cost previously mentioned does not include a charge for duplicating these portions of the report because they are furnished without charge.

Participants also have the legally protected right to examine the insurance plans, savings plans and/or retirement program plan annual reports at the main office of the plans, ORGDP, Highway 58, Oak Ridge, TN, and at the U.S. Department of Labor in Washington, D.C. Participants may also obtain copies from the U.S. Department of Labor upon payment of copying costs. Requests to the Department of Labor should be addressed to: **Public Disclosure Room, N4677, Pension and Welfare Benefit Programs, Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20216**.



SPIRIT OF CORPORATE VALUES

Concern
for
People

Working
Together

Challenging
Goals



Videographer Bryant Lybrook is nearly overwhelmed as children begin rushing in all directions to find the more than 8,000 blue and pink candy-filled eggs hidden by the Employee Activities Committee for the annual Easter Egg Hunt on Saturday afternoon, April 7. The eggs were hidden in three designated areas near the XT-801 Building.

'Chemical Operators' team edges 'Spare Room' for win

by John Gedeon and Shirley Walter

"Put me in coach! I'm ready to play!"

With anticipation high and final game strategies being completed, the Saturday morning sun bore down upon the players making up the 10 teams ready to compete to become the 1990 Martin Marietta Softball Champions.

Jake's Park, a familiar Waverly diamond, was the setting for the upcoming weekend activities for the "boys of summer."

By the end of the weekend, in one of the most competitive softball tournaments over the last decade, the team "Chemical Operators" had captured the 1990 Softball Crown.

Grabbing first place is not new to this team, most of whom have played together for the last 10 years. During that time span, they have finished first eight times and were runners-up the other two years.

MARTIN MARIETTA

Energy Systems at Portsmouth

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"We have never had the depth of competition encountered as we did this year," Tournament Director Jim Whitt was quick to point out. "There were at least four teams that could have easily finished in the top spot."

After losing an earlier game, the second place "Spare Room" team swept through the losers bracket in this double elimination combat to come face-to-face with none other than "Chemical Operators", whom they had defeated by a score of 16 to 4 in an earlier game.

This set the scene for the final stage of the weekend, with the winner taking all honors as company champion. Scoring two runs quickly into the game, the "Spare Room" would be able to advance no further, although a strong defense held their competition to only one run throughout the entire game.

Entering the final inning with a score of 2 to 1, the "Chemical Operators" found themselves down. With the bases loaded, an "Operator" hit a short grounder to the third baseman, who then attempted a throw to the catcher for the force-out at home. The throw was wide, allowing two runners to score and producing a 3 to 2 victory for the "Chemical Operators".

"Chemical Operators" team members are Ron Crabtree, Bryant Lybrook, Mark Conkel, Jerry Rider, Kevin Clausing, Wynn Elliott, Phil Moore, Roger Cosby, Gary Corriell, Jodie Elswick, Greg Johnson, Corky Spencer, Rusty Cosby, Larry Liggins and Jeff Woodard (coach).

The Employee Activities Committee (EAC) extended congratulations to Whitt for a fun-filled, competitive tournament. The EAC looks forward to even more teams competing in next summer's event.

Sunny skies and bright smiles accent 1990 Easter Egg Hunt

By John Gedeon

Excitement was high as a record number of children and grandchildren swept up more than 8,000 blue and pink candy-filled eggs.

The annual Easter Egg Hunt was completed on Saturday afternoon, April 7.

Historians might remember that last year the hunt was completed on a cold rainy March day. Before this year's hunt, the weatherman's forecast was again grim, but as luck would have it, he was wrong, and with the bright sun shining, about 500 happy children began their search for buried treasure.

The Easter Egg Hunt has developed into a major undertaking, rivaling the Employee Outing and Children's Christmas Party in attendance.

In the days leading up to the hunt, the 8,000 eggs were filled with candy and spread throughout three designated areas near the XT-801 Building.

On the big day, the Easter Bunny and a Brown Bear joined Smokey the Bear, who arrived in a log cabin courtesy of the Ohio Department of Natural Resources, to entertain the crowd throughout the afternoon.

The Martin Marietta Fire Department allowed children to explore a fire engine, and the sounds of its horn echoed throughout the afternoon. In addition, the firefighters provided a very informative and educational demonstration for the children on the "stop, drop, and roll" procedure for evacuating a burning building.

Topping off the afternoon of activities was a spell-binding performance by LaRue the Magician (aka Doug Etling).

Each youngster received a toy and Easter confections. Those who were lucky enough

to find that "special" egg became the proud owners of a 45-inch stuffed rabbit.

In the grand prize drawing, Laura Clausing (daughter of Tom and Mimi Clausing), Whitney Detillion (daughter of Damon and Debbie Detillion) and Cassandra Marhooover (daughter of Dave Marhooover) were winners of various novelty telephones.

"It is a lot of hard effort and requires extensive work and contributions from many different sources. Yet when you see the joy on the face of a young child, all of the efforts seem very worthwhile," said Shirley Walter, event chairperson.

"A tip of the hat again goes to the members of the Employee Activities Committee and all other volunteers whose work yielded the biggest crowd in the history of this event. I especially want to thank the Fire Department, the Ohio Department of Natural Resources and Doug Etling," she said.

"All of the participants, working together as one unit made this event a total success. Each who worked so diligently on this project has our sincere appreciation," Walter said.

The 1990 Easter Egg Hunt is now history. Gone are the mounds of goodies and refreshments, the Fire Department has gone back to its daily tasks of protecting our plant, and "LaRue" the Magician is back to working his magic on office equipment.

"What remains, however," Walter said, "are the memories in the minds of the children of what was provided for them — a chance to run free in the spring wind and to enjoy their young lives before the daily trauma of the real world and adulthood takes over."



The Martin Marietta Fire Department discussed fire equipment and fire safety with children and provided a demonstration on the "stop, drop, and roll" procedure for evacuating a burning building as part of annual Easter Egg Hunt festivities April 7.

Martin Marietta employees braved the rain to walk May 16 in the plant's 1990 National Employees' Health and Fitness Day activity.



Employees walk on national fitness day

About 40 Martin Marietta employees braved rainy conditions to participate May 16 in the 1990 National Employees' Health and Fitness Day.

The activity took place in 49 states as well as Puerto Rico, Canada, and Guam by the Association for Fitness in Business and the National Association of Governors' Council

on Physical Fitness and Sports.

The Council based the activity on its consensus that fitness in business is fast becoming "a fringe benefit that pays dividends, as managers recognize the importance of a healthier workforce."

Upon completing the 1 1/2-mile walk, participants were treated to orange juice

and a selection of health-related brochures which were supplied by the plant hospital. The door prize was a tee shirt which read "Getting In Shape Is No Sweat".

The event was sponsored by the Portsmouth plant hospital's Wellness Program and was coordinated by Shirley Walter, Certified Fitness Instructor.



Fourth "Fitness Fun Day" completed

By Shirley Walter

Bright, sunny skies and warm temperatures greeted the runners and walkers who participated in Martin Marietta's fourth annual "Fitness Fun Day" on June 2.

The official starting and finishing point for this Employee Activities Committee (EAC) event was the South Office Building. The race course then wound northward around the perimeter road.

Coming in first as overall winner for the men was David Brown, with a time of 19:40. Overall winner in the women's category was Kasey Hoover, age 11, with a time of 27:53.

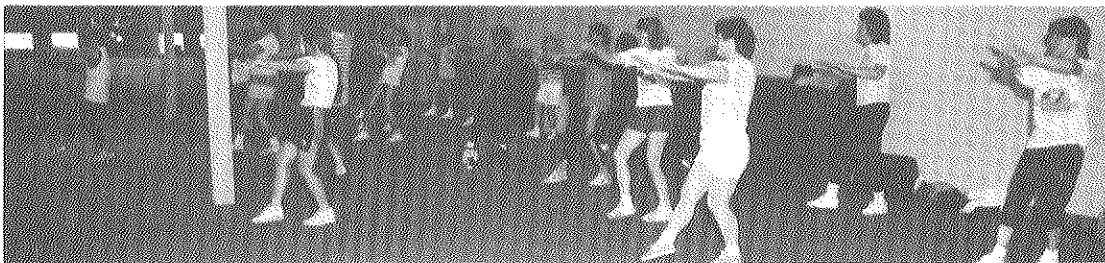
Immediately following the 5K Run was a one-mile non-competitive fun run, with a non-competitive 5K walk marking the close of the events of the day.

Upon completion of their particular

event, all participants and their families were treated to refreshments of fruit and juice. Door prizes were provided to several lucky winners.

This EAC-sponsored event found its members up once again in the early morning hours making final preparations for a day of activities. David Adkins, Security Inspector, was the chairman of this year's Fitness Fun Day.

The plant aerobics program has now been offered to employees for nearly two years. Not only has the aerobics program flourished, but also it has sparked interest in other aerobic activities.



Aerobics prods interest in other exercise

Take a look around you. More people are now walking, jogging and biking during lunch. People who had never dreamed of exercising before swear they have never felt better, nor had so much energy.

In March, the plant aerobics program celebrated its first anniversary.

Conveniently scheduled to accommodate all employees and spouses, it is conducted each Monday and Wednesday from 4:45 to 5:45 p.m. in the plant's South Office Building. Mild warm-ups begin each session, and are followed by a stretching

exercise, which ensures that the entire body is prepared for additional work.

Isolated exercises are conducted for upper body, waist, legs and lower body. Upon completion of these warm-ups, high intensity or "aerobic" exercises are performed non-stop for 25 to 30 minutes.

Heart rates are continually monitored during the high intensity portion to ensure that participants are not working beyond 75 to 80 percent of their maximum heart rate.

The body is then gradually cooled down until an appropriate resting heart rate is at-

tained. Exercises are choreographed to music and conducted informally in a non-competitive, friendly atmosphere.

Many people find it much more appealing to exercise with a group as opposed to exercising alone. Incentive is much higher when a group is striving toward a common goal.

New aerobics classes will be offered every Monday and Wednesday beginning in October. All employees and/or their spouses are invited to participate.

12 associates ride in TOSRV

By John Kyle and Shirley Walter

Rising to meet the challenge of body and mind, participants in the annual Tour of the Scioto River Valley (TOSRV) spend many months in preparation to meet the demands of a two-day bicycle journey.

Riders are of various ages, from the very young to those who remain young in spirit. Whatever the age, each rider will agree that the upcoming two days present a rigorous challenge that will end with complete satisfaction for having met a challenge.

This yearly ritual of migrating south from Columbus to Portsmouth was co-sponsored this year by the Columbus Council of American Youth Hostels and the Huntington Bank of Columbus. The event May 12 and 13 was the 29th annual tour.

The TOSRV was started in 1963 by two fathers seeking to spend a weekend with their sons. The group decided upon a round-trip bicycle ride from Columbus to Portsmouth.

They enjoyed themselves so much that the following year a few friends were invited to join in the 210-mile trip.

The TOSRV has grown in popularity and now hosts more than 6,600 participants from 40 states, as well as individuals from Canada and other foreign countries.

Beginning on the State House lawn, the colorful parade of riders departs upon a journey that will encompass scenic Southern Ohio roadways.

Rest stops along the way include Circleville, Mead Park in Chillicothe and Lake White State Park, where crews are at work to provide refreshments and assistance.

Upon arrival in the Portsmouth area, the caravan spends the evening housed in establishments such as The Portsmouth Board of Education, Happy Hearts School, YMCA, Salvation Army, Doan Armory Reserve Center, Notre Dame School, National Guard Armory, Naval Reserve Center, Shawnee State University and the Mercy Life Center.

A Saturday evening dinner and a Sunday morning breakfast are offered by a local establishment. Many of the participants are not natives of the area, and are very impressed with the beauty of the area and the friendly hospitality extended to them by the local residents.

Continuing poor weather marked the entire weekend of the 1990 event, but did not prevent 12 Martin Marietta people from successfully participating in the tour.

The riders included John Zoellner, Marty Redden, Tim Bennett, George Malone, Dick Gessells, Jim Boyce, Jeff Koehler, David Nixon, Ned Billings, John Kyle, Rick Stein and Lowell Stanley (husband of Janice Stanley).

'Ride for Ryan'

Bennett bikes in 'Trek 100'

By Shirley Walter

People entering an athletic event do so for many reasons. All hope to put forth their very best effort, and to be recognized as a winner.

Others have goals of added health benefits, hoping to lose that extra 10 pounds.

Tim Bennett, Senior Code Inspector (D-551), along with wife Susan and sons Nathan, 7, and Garet, 5, recently made a 1,200 mile round trip from their home in Minford to Madison, Wisconsin, in order for Tim to participate in an event that may some day save millions of lives.

Bennett, a 14-year employee, received a brochure in the mail April 23 inviting him to participate in the "Trek 100" annual fund-raising event sponsored by the Trek Bicycle Company in Waukegan, Wisconsin.

The proceeds of this 100-mile journey each year go to the MACC (Midwest Athletes Against Childhood Cancer) Foundation to supplement its research efforts against childhood cancer. Two days later, on April 25, Tim received word that his three-year-old nephew, Ryan, had died following a three-month battle with leukemia.

Knowing immediately what he had to do, Bennett returned the proper paperwork to enter the benefit ride. "I had to do it in memory of Ryan," he said.

Although he has participated in at least two dozen biking events, with five of them being 100-mile rides, Bennett is fairly new on the touring circuit.

He began a running program less than two years ago to lose weight. At the same time he started alternating bicycling with running to "avoid boredom." He not only lost weight, 36 pounds to be exact, but acquired a deep-seated devotion to his running and cycling program.

Both are now an important part of his life, coming after his family, which Tim claims, "Is the most important thing in life there is."

The morning of June 16 found Tim and the 1,200 or so other riders facing a dismal forecast of torrential rain continuing throughout the day. As he pumped up the tires on his bike, with the lightning flashing and thunder booming in the background, Tim thought, "What am I doing here? How can I ride in all this rain?"

But even as these thoughts ran through his head, he already knew the answer, and proceeded to the starting line in front of the Dade County Coliseum to begin the 100-mile journey which would take him through the rolling Wisconsin dairy farmland into Milwaukee.

The start of the benefit tour was announced by the director and with adrenaline coursing through his veins, his journey began. The well-organized course was set up with rest stops every 10 miles. At the stopping point the riders would be given snacks

and refreshments. Tim would take a short break and then would resume his ride.

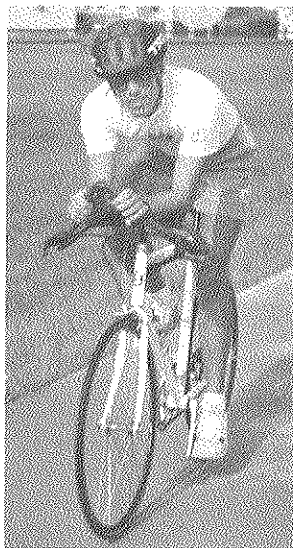
About 7 1/2 hours later Tim joined his wife and sons at the Milwaukee Zoo. Tired, but extremely happy with his accomplishment of raising \$1,700 for this worthwhile cause, Tim reflected upon the past hours in this manner.

"I would like to sincerely thank all of my sponsors. They have shown me that they care."

"We shouldn't wait until something touches us personally to do something to help others. The money raised will be used to find a cure for childhood cancer, and a cure found in Wisconsin will mean lives saved in Ohio."

"The final two miles of the ride were very emotional for me," he said, "I thought a lot about Ryan." "I will do this again next year."

There is no doubt that Tim Bennett will be in Wisconsin again next year — riding a bicycle to raise money for our most important asset, our children.



Tim Bennett

Golf champs drive to victory

By Shirley Walter

A dense fog drifting ashore from the Ohio River could not keep a record number of 176 "duffers" from participating in the 1990 Martin Marietta Golf Tournament. The first round was played at Shawnee State Park Golf Course, on Aug. 4.

The final round was played at Franklin Valley Golf Course south of Jackson one week later.

"The interest in this event continues to skyrocket," said Co-Chairperson Phil Moore. "The number of golfers is the most we have ever had."

After the first flight, the top four scorers in each of the seven flights competed a week later for the championships.

Company champions are Don Pollard, first; Wayne Nibert, second; Gary Pinkerman, third; and Gene Tatmen, fourth.

Let's Keep Our Scene Clean!



Families enjoy Wyandot Lake, site of the 1990 summer outing

By Shirley Walter

Undoubtedly one of the largest outings of its type, the 1990 Summer Outing can now join the many other successful events hosted by Martin Marietta's Employee Activities Committee (EAC).

About 2,400 employees or retirees and their families attended the annual outing, conducted this year at Wyandot Lake near Columbus on July 14.

The chairperson for this gigantic undertaking was Mike Corbin (D-727).

Preparations for the outing began early last fall, with EAC members and their families working right up to the final minutes before the gates opened to admit our families.

The annual summer outing again provided a unique opportunity for employees, retirees and families to enjoy themselves in an relaxed, fun-filled atmosphere.

This year, in addition to their other water rides, Wyandot Lake made available two new twisted tube slides known as the "Watercoil" and "Buccaneer Bay" —

various mazes of water fun enjoyable to both teenager and toddler.

A full capacity crowd enjoyed Bingo. More than 40 emerged as winners. Winners of the annual horseshoe tournament were Larry Tackett (D-727) and Dave Hannah (D-726).

Door prizes totalling more than \$6,000 in value were awarded to those individuals lucky enough to have their names drawn from the hopper.

The winner of the grand prize drawing of two airline tickets to anywhere in the continental United States went to Jay B. Jenkins, Process Operator (D-810).

The EAC officers extended thanks all committee members and their families for their hard work in making the outing a total success.

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